

PSY405 Full Book MCQs

Erik Erikson developed the theory based upon _____ rather than sexual relationships.

Select correct option:

Social

Biological

Childhood

Sentiments

According to Sheldon the relation of physique to behavior/personality includes all of the followings EXCEPT:

Select correct option:

Factors mediating the physique

Biological and genetic orientation

Unconscious processes

Conscious processes

Which of the followings refers to devices for reducing conflict among competing needs and if one is efficient in constructing?

Select correct option:

The schedules

The serial

The proceedings

The events

Which of the following type of person expects every thing to be done from others and gets every thing from others either politely or rudely?

Select correct option:

The ruling dominant type

The getting leaning type

The avoiding type

Social useful type

In which of the following we observe the behavior of others and use the information as a guide for our own behavior?

Select correct option:

Modeling

Reinforcement

Punishment

Extinction

Which of the following will happen where we stop the reinforcement and the behavior will be extinguished?

Select correct option:

Generalization

Extinction

Spontaneous recovery

Shaping

A personality psychologist that is concerned primarily with people's unconscious mind and internal conflict follows which of the following approach?

Select correct option:

Trait approach

Biological approach

Social approach

Psychoanalytic approach

From which name Jung called the feminine side of the male personality?

Select correct option:

Shadow

Ego

Anima

Persona

Which of the following model invented by Albert Ellis?

Select correct option:

Co-efficient

A-P-A

A-B-C

Co-variation

Identify among the followings, who gave importance to biological or genetics influences but he strongly proposed that culture plays dominant role in personality development.

Select correct option:

William H. Sheldon

B. F. Skinner

Erik Erikson

Alfred Adler

Basic concepts of humanistic psychology do NOT include which of the followings?

Select correct option:

The individual as an integrated whole

Irrelevance of animal research

Man's inner nature

Psycho sexual energy

Which test consists of 550 items, ten clinical scales and has got 4 validity scales and consists of series of straightforward statements?

Select correct option:

EPPS

MMPI

Study of Values

DAT

Identify the person who is primarily concerned with the discovery of truth, in Study of Value Test.

Select correct option:

The Theoretical

The Aesthetic

The Political

The Religious

For a _____ to be established the cue-stimulus and response should occur close together not only in space and in time but the response should be rewarded.
Select correct option:

Generalization

Habit

Extinction

Inhibition

Karen Horney listed how many neurotic needs or abnormal trends in people?
Select correct option:

Four

Six

Eight

Ten

Dispositional domain tries to explore all of the followings EXCEPT:
Select correct option:

How individuals differ in their emotions

How individuals differ in their self concepts

How individuals differ in their in physiological characteristics

How individuals are similar in their recreational activities

Who suggested that most human behavior is learned by Observation?
Select correct option:

Albert Bandura

Gordon Allport

George Alexander Kelly

William H. Sheldon

_____ is the one who loves to be socialized and visit other's rather than staying alone.

Extroverts

Social animal

Introverts

Cynicism

According to Erikson, what young people must develop before they can commit to an intimate relationship?

Compassion

A sense of identity

Sexual maturity

Formal operational thought

Which of the following is a term used by Rogers to designate individuals who are using their capacities, talents, realizing their potentials, and their full range of experiences?

Self centered

Fully functioning

Cynics person

Introverts

According to Gordon Allport, what is a predisposition to respond in a manner to various kinds of stimuli?

Trait

Habit

Phenomenological field

Social interest

According to Rogers, which role teacher should play while giving knowledge that helps to create an atmosphere favorable to learning?

Authoritative

Facilitator

Commanding

Authoritarian

Basic concepts of humanistic psychology do NOT include which of the followings?

The individual as an integrated whole

Irrelevance of animal research

Man's inner nature

Psycho sexual energy

All Self-Actualizing individuals have the following characteristics EXCEPT:
Select correct option:

- Acceptance of self, others and nature
- Hesitation of expression of feelings and ideas
- Discrimination between means and ends
- Peak or nystic experiences

Which of the following refers to the fact that individuals are unique, they are characterized by inner harmony and a striving force to cooperate with fellow humans?

Select correct option:

- Personality psychology
- Forensic psychology
- Individual psychology
- Cognitive psychology

Which of the following test was created by Gordon Allport to measure the basic value dimensions?

Select correct option:

- Thematic Apperception Test
- Minnesota Multiphasic Personality Inventory
- The Study of Values
- Differentiate Aptitude Test

Identify which approach is based on the assumption that personality is determined by the unique ways in which each individual views the world?

Select correct option:

- The dispositional approach
- The behavioral approach
- The humanistic approach
- The psychodynamics approach

According to Carl Rogers, when people are brought up with unconditional positive regard, what happens?

Select correct option:

They are unlikely to be fully functioning

They will tend to be vain and narcissistic

They will feel valued

They will live lives directed toward what others want and value

In which of the following we observe the behavior of others and use the information as a guide for our own behavior?

Select correct option:

Modeling

Reinforcement

Punishment

Extinction

All of the following are examples of primary drives EXCEPT:

Select correct option:

Thirst

Hunger

Money

Sex

Empathy was a highly developed trait in Sullivan's personality, and he used it to excellent advantage in studying and treating the victims of which of the followings?

Select correct option:

Schizophrenia

Anxiety disorders

Obsessive compulsive disorder

Personality disorders

According to Murray, which of the following activated as a result of some environmental event?

Select correct option:

Reactive needs

Modal needs

Secondary need

Covert needs

Rogers used which of the following techniques to study person's view about him/her and his/her relationships with others?

Select correct option:

L-sort technique

Q-sort technique

F-sort technique

P-sort technique

Personality psychology does NOT use information from which of the following field?

Select correct option:

Clinical psychology

Biological psychology

Cognitive psychology

Industrial Psychology

Dysplasia and female somatotyping are included in which of the followings?

The primary components

The secondary components

The essential components

The fundamental components

A reinforcer that adds something directly rewarding is:

Positive reinforcement

Secondary reinforcer

Negative reinforcer

Triary reinforcer

Who discussed that a child has two basic needs, safety and satisfaction?

Carl Jung

Albert Ellis

Karen Horney

Dollard and Muller

According to Jung, which one of the followings tends to be sociable, outgoing, and interested in parties and group activities?

Moving against people

Moving away people

Extroverts

Introverts

According to Jung, the earth mother, the hero, the devil and the Supreme Being are all examples of what?

The id's most energizing, compulsive drives

Archetypes that exist in the collective unconscious

Symbols residing with an individual's anima and animus

The id's persona drives

_____ is the one who loves to be socialized and visit other's rather than staying alone.

Extroverts

Social animal

Introverts

Cynicism

What do personality psychologists study?

Statistical trends in collected data

The reliability of manipulation of independent variables

Any kind of human experience that is interesting and relatively stable over time and across situations

Effect of injuries on brain

According to Murray, an essential element in achieving the goals of socialization is the development of which of the following?

- An adequate id
- An adequate ego
- An adequate superego
- A strong libido

Maslow's theory states that individuals who are well adjusted, attempt to which of the following process?

- Convince others that they have no faults
- Actualize themselves
- Win others to their way of thinking
- Remain aloof from the rest of society

Which of the following is a technique used with drug addicts?

- Stepping out of character
- Modeling
- Aversive conditioning
- Free association

In client centered therapy, therapist actively tried to understand the client's phenomenological field or the internal frame of reference of the client. It was labeled as what?

- Q-sort technique
- Self understanding phase
- Experiential phase
- Practical application phase

Which of the following is the sexual aggressive force for Freud, while for Jung it is the life energy essential for biological, psychological and spiritual development?

- Anima
- The persona
- Thanatos
- Libido

According to Rogers, which role teacher should play while giving knowledge that helps to create an atmosphere favorable to learning?

Authoritative
Facilitator
Commanding
Authoritarian

Which of the following is an effective therapy that focuses on changing individual's irrational and dogmatic cognitions?

Behavioral Therapy
Psychoanalysis
Rational Emotive behavior Therapy
Psychodrama

Evaluate which law of thermo dynamic states that the amount of energy in a system is fixed?

Equivalence
Entropy
Principle of opposites
Law of proximity

Jung argued that in addition to an individual's personal unconscious, there is also a _____ unconscious shared by all humankind.

Separated
Personal
Collective
Egoistic

Identify which of the following statement truly describes the concept of Counter transference?

Is the therapist's emotional reaction to the patient?
Can give useful information about the emotional state of the patient
Should be explained to the patient
Is a reason why therapist should have his own analysis?

The collective unconscious consists of universal human experience repeated over centuries. With which name Jung called these universal ideas?

Archetypes

Synchronicity

Causality

Fictional finalism

Which of the followings best explains transference?

Is a form of ego strengthening?

Prevents patients from gaining insight

Is the patient's emotional response to the therapist?

Only seen in psychiatric setting

Jung's theory of personality describes a "mask" which people project as their public self. What is this mask called?

Anima

Ego

Shadow

Persona

Which of the following research method was used by Freud?

Case study method

Survey research

Co-relational method

Naturalistic observation

The key assumption of the psychoanalytic approach is that the psychological apparatus of the mind needs energy to make it go. This kind of energy is known as what?

Select correct option:

Biological energy

Kinetic energy

Unconscious energy

Conscious energy

According to Jung, the earth mother, the hero, the devil and the Supreme Being are all examples of what?

The id's most energizing, compulsive drives

Archetypes that exist in the collective unconscious

Symbols residing with an individual's anima and animus

The id's persona drives

The word "personality" is derived from which language?

German

Latin

French

Greek

Any form of research that examines unconscious mental processes or self-defensive thought, refers to which of the followings?

Humanistic

Cognitive

Behavioral

Psychoanalytic

Jung's theory was criticized for being all of the following EXCEPT:

Mystical

Over-emphasizing sex

Incomprehensible

Unscientific

Adler believed that all humans start their lives with:

Select correct option:

Weak organs

Primordial guilt

Collective unconscious

Feelings of inferiority

Which of the following, present an elaborate picture of an individual's overall personality including the traits, characteristics, tendencies and styles that are thought to underlie behavior?

Personality inventories

Projective methods

Aptitude tests

Behavioral coding systems

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Is a reason why therapist should have his own analysis

What do personality psychologists study?

Statistical trends in collected data

The reliability of manipulation of independent variables

Any kind of human experience that is interesting and relatively stable over time and across situations

Effect of injuries on brain

Which theorist has the most optimistic view of the content and dynamics of the unconscious?

Karen Horney

Sigmund Freud

Clark Hull

Abraham Maslow

Defense mechanisms include all of the followings EXCEPT:

Denial

Splitting

Sublimation

Humor

If someone is stingy, stubborn, and excessively neat, Freud would probably have viewed him/her as fixated in which stage?

Select correct option:

Anal

Phallic

Genital

Oral

Who discussed that a child has two basic needs, safety and satisfaction?

Select correct option:

Carl Jung

Albert Ellis

Karen Horney

Dollard and Muller

According to Freud, the death instinct that motivates aggressive urges to destroy is known as which of the followings?

Select correct option:

Eros

Frustration

Arbitrary rightness

Thanatos

According to Erikson ego is in the service of the what?

Emotions

Sentiments

Id

Superego

The _____ test consists of a series of cards which depict human figures in various ambiguous situations.

House Tree and Person

Rotter's Incomplete Sentence Blank

Thematic Apperception

Rorschach Ink Blot

The _____ is the mental agency containing everything inherited, present at birth, and fixed in the individual's constitution- especially sexual and aggressive instincts.

Emotions

Ego

Id

Super Ego

During _____ stage of development, the Oedipal complex and Electra complex takes place.

The Latency Period

The Anal Stage

The Oral Stage

The Phallic Stage

. _____ is the second law of thermo-dynamics, which states that there is tendency towards equalization of energy within a system

Equivalence

Principles of Opposites

Entropy

All of the above

According to Jung _____ is the female component of the male psyche, It comes into existence because of the experiences that women have had with men over centuries

The Persona

Self

Anima

Animus

When you dream of a person and shortly in the near future, the person appears in front of you. This is called _____, we call it meaningful coincidence.

Causality

Synchronicity

Archetypes

None of above

An emotional response to the threat that id impulses will become conscious is called _____ anxiety

Realistic

Neurotic

Moral

None of the above

When the individuals do not believe in the value of any thing rather they try to make every individual realize the meaninglessness of their goals and objectives. This kind of person is called _____.

Elusiveness

Projection

Rejection

Cynicism

According to Erikson, every individual passes through _____ stages of development and sequence of these stages is genetically determined

Seven

Eight

Nine

ten

Sometimes the ego can control or defend against the expression of a forbidden impulse by consciously expressing its opposite. This is known as

_____.

Displacement:

Projection

Rationalization

Reaction Formation

_____ was a personologist who regards the explanation of an individual's uniqueness as the paramount goal of psychology.

Carl Jung

Karen Horney

Gordon Allport

William H. Sheldon

According to the Raymond Cattell, _____ are those that set the person in motion toward a goal; in other words, they determine a person's motivational make-up.

Source Traits

Unique Traits

Dynamic Traits

Constitutional Traits

In Study of Value test, _____ person places highest value on form and harmony.

The Economic

The Social

The Political

The Aesthetic

_____ theory is phenomenological, as it focuses on the internal frame of reference of the individual

Sullivan

Gordon Allport

Kelly

Raymond Cattell

In Allport's system, If a trait is extremely pervasive, that almost all the activities of a person can be traced to its influence, it is called

_____.

Primary Traits

A Cardinal Traits

Central Traits

Secondary Traits

In Cattell's view, there are _____ major sources of data about personality.

Three
five
seven
nine

_____ is a term used by Rogers to designate individuals who are using their capacities and talents, realizing their potentials.

Positive Regard

Fully Functioning Person

Sense of Philosophical Humor

Social Interest

_____ has developed a method for Heredity-Environment Analysis purpose, which he calls Multiple Abstract Variance Analysis, or MAVA.

Gordon Allport

George Alexander Kelly

William H. Sheldon

Raymond Cattell

According to Gordon Allport, between 6 and 12 years of age, the child begins to fully realize that he or she has the rational capacity to find solutions to life's problems and thereby cope effectively with reality demands. This aspect of "selfhood" is termed as _____.

Propriate Striving

The Self-Image

The Sense of Self as a Rational Coper

The Sense of Self-Identity

_____ theory of personality is based on factor analysis

Maslow's

Cattell's

Kelly's

Henry Murray's

The extremely pervasive trait in Allport's theory is called _____ trait

- Super
- Cardinal
- Influential
- Central

Allport's orientation is _____.

- Behavioristic
- Psychoanalytic
- Humanistic
- None of the given options

The extremely pervasive trait in Allport's theory is called _____ trait.

- Super
- Cardinal
- Influential
- Central

Allport's orientation is _____.

- Behaviorist
- Psychoanalytic
- Humanistic
- None of the given options

Allport has _____ approach while talking about motives

- Behaviorist
- Psychoanalytic
- Humanistic
- None of the given options

_____ 's theory of personality is based on factor analysis.

- Adler
- Fred
- Horney
- None of the given

_____ also distinguishes among ability, temperament, and dynamic traits.

Cattell

Allport

Adler

Horney

_____ presented a cognitive theory of personality.

Allport

Kelly

Skinner

Watson

For _____ childhood events and unconscious forces are determinants of behavior.

Skinner

Watson

Thorndike

None of the given options

The concept of proactive needs and reactive needs was given by _____,

Murray

Kelly

Cattell

Allport

According to _____ the therapist must give unconditional positive regard to the client.

Rogers

Murray

Freud

Adler

_____ used the term personology

Watson

Wundt

Guthrie

None of the given options