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	FINALTERM EXAMINATION SPRING 2006 PSY101 - INTRODUCTION TO PSYCHOLOGY (Session - 3)	Marks: 60 Time: 120min

StudentID/LoginID: _____

Student Name: _____

Center Name/Code: _____

Exam Date: Friday, August 25, 2006

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Please read the following instructions carefully before attempting any question:

INSTRUCTIONS:

- **All questions are compulsory.**
- **This exam consists of 15 Multiple Choice Questions (MCQs), 5 questions of fill in the blanks, 5 questions of true or false, 5 short descriptive questions and 2 long descriptive questions.**
- **For each MCQ, read the choices available and select the most appropriate or best suitable choice.**
- **The use of notes, handouts, books or any other helping**

material is strictly prohibited in the centre during the exam.

- **Please manage the time effectively according to the marks allocated to the questions.**
- **You may wish to pace yourself with your own watch, but the Supervisor will be the official timekeeper of the test.**
- **Failure to comply with the supervisor's directions will result in your test being cancelled. Please comply with supervisor's directions to avoid any unpleasant event.**

For Teacher's use only

Question
1
2
3
4
5
6
7
8
9
10
Total
Marks

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Question
11
12
13
14
15
16
17
18
19
20
Marks

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Question
21
22
23
24
25
26
27
28
29
30
Marks

Question
31
32

Marks

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Question No: 1 (Marks: 1) - Please choose one

The Diagnostic and Statistical Manual of Mental Disorders, fourth edition (DSM-IV) _____.

?

Presents comprehensive definitions for mental disorders

?

Suggest underlying causes for abnormal behavior

?

Provides descriptions and causative explanations for over 100 categories

?

Is one of three standard classification systems in America

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Question No: 2 (Marks: 1) - Please choose one

_____psychologists would be interested in studying the effect on men of turning 50 years old.

?

Environmental

?

Developmental

?

Clinical

?

Educational

Question No: 3 (Marks: 1) - Please choose one

Psychodynamic therapy is based on the work of_____.

?

Rogers

?

Freud

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?

Maslow

?

Skinner

Question No: 4 (Marks: 1) - Please choose one

Depth perception is due largely to the fact that_____.

?

We have perceptual constancy

?

We have two eyes

?

Motion parallax is universal

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?

Binocular disparity does not occur in humans

Question No: 5 (Marks: 1) - Please choose one

_____is not a type of extrinsic reward.

?

Money

?

Social contacts

?

Appreciation

?

Free medical facility

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Question No: 6 (Marks: 1) - Please choose one

_____ suggests that sports performance can be improved by manipulating arousal level of the one playing in the field.

?

Sport psychology

?

Health psychology

?

Motivation theories

?

Consumer psychology

Question No: 7 (Marks: 1) - Please choose one

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Redirecting the expression of unwanted desires or impulses to a substitute rather than the actual target is called_____.

?

Repression

?

Regression

?

Displacement

?

Rationalization

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Question No: 8 (Marks: 1) - Please choose one

Fitting the right person to the job involves the _____.

?

Job analysis

?

Personnel selection

?

Personnel training

?

All of the given options

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Question No: 9 (Marks: 1) - Please choose one

A health psychologist is not interested in _____.

?

Enhancement of health

?

Treatment of disease

?

Improvement of the health care system

?

Worker's motivation

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Question No: 10 (Marks: 1) - Please choose one

An adjustment in the lens shape in order to keep images in sharp focus is called_____.

?

Lens-image inversion

?

Top-down processing

?

Accommodation

?

Optical adaptation

Question No: 11 (Marks: 1) - Please choose one

According to psychodynamic school of thought at birth, the entire mind consists of only _____.

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?

Id

?

Ego

?

Conscious

?

Unconscious

Question No: 12 (Marks: 1) - Please choose one

A technique used to unlearn the unwanted habits by associating it with the unwanted impulses is called_____.

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?

Systematic desensitization

?

Aversive therapy

?

Flooding and implosive therapy

?

Observational learning

Question No: 13 (Marks: 1) - Please choose one

Available statistics show that majority of the people have an I.Q level between _____.

?

75 - 115

?

80 - 115

?

85 - 115

?

None of the given options.

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Question No: 14 (Marks: 1) - Please choose one

Self-actualized people accept themselves the way they are _____

?

Really

?

Ideally

?

Perceived by others

?

Perceived by their beloved ones

Question No: 15 (Marks: 1) - Please choose one

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A child overcomes her fear of snakes by observing another child repeatedly handle snakes. This is an example of_____.

?

Cognition therapy

?

Systematic desensitization

?

Modeling

?

Contingency contracting

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Question No: 16 (Marks: 1)

_____ therapy focuses on altering the irrational beliefs into more acceptable way.

Question No: 17 (Marks: 1)

According to _____ perspective, psychological problems are caused by physiological factors.

Question No: 18 (Marks: 1)

_____ is a term used to describe abnormal behavior.

Question No: 19 (Marks: 1)

Early psychologists assumed that there was a single_____factor, or g-factor for mental ability.

Question No: 20 (Marks: 1)

_____memory refers to memory for skills and habits, such as how to ride a bike or hit a baseball

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Question No: 21 (Marks: 1) - Please choose one

Clinical psychologists can provide psychotherapy.

?

True

?

False

Question No: 22 (Marks: 1) - Please choose one

Dissociative disorders are included in DSM-IV-TR as a major category.

?

True

?

False

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Question No: 23 (Marks: 1) - Please choose one

MMPI can identify the problems and tendencies like Depression, Hysteria and Paranoia.

?

True

?

False

Question No: 24 (Marks: 1) - Please choose one

A number of trait theories deny the concept of factor analysis.

?

True

?

False

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Question No: 25 (Marks: 1) - Please choose one

Jung introduced the concept of archetypes.

?

True

?

False

Question No: 26 (Marks: 3)

Less intelligent people are less resistant and more intelligent people are more resistant to persuasion. Explain the two types of information processing routes used by the people to interpret the message.

Question No: 27 (Marks: 3)

Asghar and Ahmar are friends. Asghar is a medical doctor and believes that psychological problems are caused by the physiological factors whereas Ahmar is a follower of psychodynamic perspective. How Ahmar would explain the root cause of any mental disorder?

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Question No: 28 (Marks: 3)

Can you distinguish social intelligence and moral intelligence?

Question No: 29 (Marks: 3)

Can you distinguish hard criteria and soft criteria, used for job analysis?

Question No: 30 (Marks: 3)

Memory includes (in alphabetical order) long term memory, sensory memory and short term memory. What is the correct order of theses three memory stores?

Question No: 31 (Marks: 10)

Psychologists believes that stress affect our health. Explain practical strategies for coping with stress?

Question No: 32 (Marks: 10)

Although we have the best talent in the world yet Pakistan cricket team is not performing up to the expectations. How can a sport psychologist help them out? Define and explain the branch of psychology which may help them out and enable them to win the 2007 cricket world cup.

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